



Summary: Park & Play 2015

The pre-requisites to paddle the course UN-SUPERVISED are:
BCU 3 Star or relevant paddling experience on grade 2 /3 water

Unsupervised Paddling

To paddle the whitewater course UNSUPERVISED, you must download the 2 forms from the Park & Play section on our website. The 2 forms are:

1. A short medical résumé
2. A Self Assessment / Acknowledgement of Risk

On form 2, you need to:

- ✓ acknowledge that you are capable of paddling the course on your own without any supervision
- ✓ acknowledge that you are capable of swimming the course safely in the event of an exit from your boat

Complete both these forms and bring them to reception on your 1st visit of the year – you will then be registered as an UN-SUPERVISED whitewater paddler.

Registration runs for 12 months January to December. In the following year you must repeat the above process in order to re-register.

Supervised Groups

If you wish to paddle the whitewater course under SUPERVISION, you must download the 2 forms from the Park & Play section on our website. The 2 forms are:

1. A short medical résumé
2. An Acknowledgement of Risk for SUPERVISED paddlers (This is a shortened version of the UN-SUPERVISED version)

Complete both these forms, give them to your coach or supervisor to check over, then he will submit them at reception when you visit - you will then be registered as an SUPERVISED whitewater paddler.

This registration runs for 12 months January to December.

Group Leaders

The pre-requisites for a Group Leader is: BCU L3, UKCC L2 + MWE, or equivalent (in the relevant discipline).
Maximum coach / student ratio of 1:6

- The Group Leader shall sign on all members of his / her group, and shall operate within the guidelines set by his / her NGB, and relevant to their award. The group leader is wholly responsible for the group for the duration of the activity. A Group Signing In Form can be downloaded from the web site – Group Leaders are encouraged to have this already filled in, prior to signing on
- A Group Leader must bring proof of his qualification on EVERY visit to the Centre. The Duty Coach / Manager shall check the validity of the qualification prior to any signing on.
- A Group Leader must also be registered as an UN-SUPERVISED paddler.

Safety and Etiquette

- All paddlers shall wear buoyancy aids and helmets at all times if they are within 1 meter of the white water.
- All paddlers shall exercise courtesy and politeness to others, and should try wherever possible to abide by the Centre's guidelines (which can be viewed at reception). Any paddler who chooses to disregard this, or is acting irresponsibly shall be asked to leave.
- There is to be NO intentional swimming on the course
- With regard to damage to the boulder system, paddlers MUST NOT intentionally fill their boats to paddle down the course.

General

- All paddlers shall wear a means of identification (bib) to display that they have signed on to the whitewater course and have paid the current appropriate fee. In signing on, the paddler agrees to abide by the terms and conditions for Park & Play use.